

# **Easy Logistics Driver's Educational Training Module**

Objective of this training is to familiarize new drivers with Easy Logistics' dedication to safety, compliance, and the legal framework of road transportation.

Introduction to Easy Logistics, highlighting our commitment to excellence in logistics solutions, the importance of safety in our operations, and an overview of the Chain of Responsibility (CoR) laws that affect every aspect of our operations.

## **Comprehensive Load Restraint Guide**

Objective: To ensure drivers understand and can apply correct load restraint techniques according to national standards.

Content: Detailed instructions on secure loading practices, including the use of gates, angles, and web straps rated for specific weights. Explanation of the physics behind load restraint, emphasizing the necessity for the load to withstand forces up to 80% forward, 50% sideways and rearwards, and 20% vertically. Real-life examples and calculations will be included to illustrate these principles.

### **Personal Protective Equipment (PPE) Protocols**

Objective: To underscore the importance of PPE in mitigating workplace hazards.

Content: Specification of required PPE at Easy Logistics, including standards for safety shoes, high-visibility vests, gloves, and protective eyewear. Maintenance, care, and reporting protocols for PPE, along with case studies highlighting the consequences of non-compliance.

### **Smoke-Free Environment Policy**

Objective: To delineate smoking regulations within Easy Logistics premises.

Content: Outline of Easy Logistics' no-smoking policy, specifying designated smoking areas with visual aids. Discussion on the health and safety reasons behind the policy, including the impact of smoking on workplace safety and health.

# **Zero Tolerance Drug & Alcohol Policy**

Objective: To communicate Easy Logistics' policy on drugs and alcohol in the workplace.

Content: Detailed explanation of the prohibition on the use, possession, and influence of drugs and alcohol. Legal implications, workplace safety statistics, and the process for handling violations, including disciplinary actions and support for affected employees.

# Advanced Chain of Responsibility (CoR) Training

Objective: To provide an in-depth understanding of CoR and its impact on logistics operations.

Content: Extensive review of CoR principles, including mass limits, load restraint, fatigue management, speed management, and vehicle maintenance. Legal requirements, best practices, and case studies will be explored, with interactive quizzes to test knowledge.





# Questions

#### Question 1: Load Restraint

What is the minimum force that a load must withstand in the forward direction according to Easy Logistics' load restraint guidelines?

- A) 50% of its weight
- B) 80% of its weight
- C) 20% of its weight
- D) 100% of its weight

# Question 2: Personal Protective Equipment (PPE)

Which of the following is NOT considered necessary PPE at Easy Logistics?

- A) Safety shoes
- B) High-visibility vest
- C) Earplugs
- D) Gloves

# Question 3: Smoke-Free Environment Policy

Where smoking is permitted at Easy Logistics facilities?

- A) Anywhere on the premises
- B) In designated smoking areas only
- C) Inside warehouses
- D) On customer sites

# Question 4: Drug & Alcohol Policy

Which of the following statements is true regarding Easy Logistics' Drug & Alcohol Policy?

- A) Alcohol consumption is allowed during breaks.
- B) Prescription drugs are allowed if they don't impair work performance.
- C) Illicit drug use is permitted off the clock.
- D) Alcohol can be consumed in work areas with manager approval.





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